DOSAGE FORMS AND STRENGTHS

The maintenance dose for patients with COPD is one 500 mcg tablet per day, with or without food. Starting treatment with a dose of DALIRESP 250 mcg once daily for 4 weeks and increasing to DALIRESP 500 mcg once daily thereafter may reduce the rate of treatment discontinuation in some patients.

DOSAGE AND ADMINISTRATION

The maintenance dose of DALIRESP is one 500 mcg tablet per day, with or without food. Starting treatment with a dose of DALIRESP 250 mcg once daily for 4 weeks and increasing to DALIRESP 500 mcg once daily thereafter may reduce the rate of treatment discontinuation in some patients.

ADVERSE REACTIONS

In 8 controlled clinical trials, 5.9% (263) of patients treated with DALIRESP 500 mcg daily reported psychiatric adverse reactions compared to 3.3% (137) treated with placebo. In 9 post-marketing studies involving 4296 patients, 3.4% (147) treated with DALIRESP reported psychiatric adverse reactions compared to 2.4% (97) treated with placebo. 

Psoriatic arthropathy, peripheral neuropathy, and worsening of psoriasis were observed mainly with the higher dose of DALIRESP and were not observed in placebo-treated patients. The incidence of these events was not clearly related to the dose of DALIRESP.

Drug Interactions

Use with inhibitors of CYP3A4 or dual inhibitors of CYP3A4 and CYP1A2 (e.g., erythromycin, ketoconazole, fluvoxamine, enoxacin, cimetidine) will increase roflumilast systemic exposure and may result in increased adverse reactions. The risk of such concurrent use should be weighed carefully against benefit.

USE IN SPECIFIC POPULATIONS

Nursing Mothers: DALIRESP should not be used by women who are nursing as excretion of roflumilast and/or its metabolites into human milk is probable and there are no human studies that have investigated effects of DALIRESP on breast-fed infants.

CLINICAL STUDIES

14.1 Chronic Obstructive Pulmonary Disease (COPD)

HOW SUPPLIED/STORAGE AND HANDLING

1.1 Human Experience

May result in increased adverse reactions. The risk of concurrent use should be weighed carefully against benefit.

CLINICAL STUDIES

16.2 Storage and Handling

1.2 Management of Overdose

7.2 Drug that Inhibit Cytchrome P450 (CYP) Enzymes

12.2 Pharmacodynamics

7.3 Oral Contraceptives Containing Gestodene and Ethinyl Estradiol

12.3 Pharmacokinetics

8.7 Renal Impairment

8.5 Geriatric Use

8.6 Hepatic Impairment

8.1 Pregnancy

8.2 Lactation

8.4 Pediatric Use

16.1 How Supplied

17 PATIENT COUNSELING INFORMATION

*Sections or subsections omitted from the full prescribing information are not listed.
Before using DALIRESP® in patients with a history of depression and/or suicidal thoughts or behavior, prescribers should carefully weigh the risks and benefits of treatment with DALIRESP® in such patients. Patients, their caregivers, and families should be advised of the need to be alert for the emergence or worsening of insomnia, anxiety, depression, suicidal thoughts or other mood changes, and if such changes occur to contact their healthcare provider. Prescribers should carefully evaluate the risks and benefits of continuing treatment with DALIRESP® if such events occur.

5.3 Weight Decrease

Weight loss was a common adverse reaction in DALIRESP clinical trials and was reported in 7.5% (331) of patients treated with DALIRESP 500 mcg once daily compared to 2.1% (89) treated with placebo [see Adverse Reactions (6.1)]. In addition to being reported as adverse reactions, weight was prospectively assessed in two placebo-controlled clinical trials of one year duration. In these studies, 20% of patients receiving roflumilast experienced moderate weight loss (defined as between 5-10% of body weight) compared to 7% of patients who received placebo. In addition, 7% of patients who received roflumilast compared to 2% of patients receiving placebo experienced severe (>10% body weight) weight loss. During follow-up after treatment discontinuation, the majority of patients with weight loss regained some of the weight they had lost while receiving DALIRESP. Patients treated with DALIRESP should have their weight monitored regularly. If unexplained or clinically significant weight loss occurs, weight loss should be evaluated, and discontinuation of DALIRESP should be considered.

5.4 Drug Interactions

A major step in rolflumilast metabolism is the N-oxidation of rolflumilast to rolflumilast N-oxide by CYP3A4 and CYP1A2. The administration of the cytochrome P450 enzyme inducer rifampicin resulted in a reduction in exposure, which may result in a decrease in the therapeutic effectiveness of DALIRESP. Therefore, the use of strong cytochrome P450 enzyme inducers (e.g., rifampicin, phenobarbital, carbamazepine, phenytoin) with DALIRESP is not recommended [see Drug Interactions (7.1) and Clinical Pharmacology (12.3)].

6 ADVERSE REACTIONS

The following adverse reactions are described in greater detail in other sections:

- Psychiatric Events Including Suicidality [see Warnings and Precautions (5.2)]
- Weight Decrease [see Warnings and Precautions (5.3)]

6.1 Adverse Reactions in Clinical Studies

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

The safety data described below reflect exposure of 4438 patients to DALIRESP 500 mcg once daily in four 1-year placebo-controlled trials, two 6-month placebo-controlled trials, and two 6-month drug add-on trials [see Clinical Studies (14.1)]. In these trials, 3136 and 1232 COPD patients were exposed to DALIRESP 500 mcg once daily for 6 months and 1 year, respectively.

The population had a median age of 64 years (range 40-91), 73% were male, 92.9% were Caucasian, and had COPD with a mean pre-bronchodilator forced expiratory volume in one second (FEV1) of 8.9 to 89.1% predicted. In these trials, 68.5% of the patients treated with DALIRESP® reported an adverse reaction compared with 65.3% treated with placebo. The proportion of patients who discontinued treatment due to adverse reaction was 14.8% for DALIRESP®-treated patients and 9.9% for placebo-treated patients. The most common adverse reactions that led to discontinuation of DALIRESP® were diarrhea (2.4%) and nausea (1.8%).

Serious adverse reactions, whether considered drug-related or not by the investigators, which occurred more frequently in DALIRESP®-treated patients include diarrhea, atrial fibrillation, lung cancer, prostate cancer, acute pancreatitis, and acute renal failure. Table 1 summarizes the adverse reactions reported by ≥2% of patients in the DALIRESP® group in 8 controlled COPD clinical trials.

Table 1: Adverse Reactions Reported by ≥2% of Patients Treated with DALIRESP® 500 mcg daily and Greater Than Placebo

<table>
<thead>
<tr>
<th>Adverse Reactions (Preferred Term)</th>
<th>DALIRESP (N=4438)</th>
<th>Placebo (N=4192)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weight decreased</td>
<td>331 (7.5)</td>
<td>89 (2.1)</td>
</tr>
<tr>
<td>Nausea</td>
<td>209 (4.7)</td>
<td>60 (1.4)</td>
</tr>
<tr>
<td>Headache</td>
<td>195 (4.4)</td>
<td>87 (2.1)</td>
</tr>
<tr>
<td>Back pain</td>
<td>142 (3.2)</td>
<td>92 (2.2)</td>
</tr>
<tr>
<td>Influenza</td>
<td>124 (2.8)</td>
<td>112 (2.7)</td>
</tr>
<tr>
<td>Insomnia</td>
<td>105 (2.4)</td>
<td>41 (1.0)</td>
</tr>
<tr>
<td>Dizziness</td>
<td>92 (2.1)</td>
<td>45 (1.1)</td>
</tr>
<tr>
<td>Decreased appetite</td>
<td>91 (2.1)</td>
<td>15 (0.4)</td>
</tr>
</tbody>
</table>

Adverse reactions that occurred in the DALIRESP® group at a frequency of 1 to 2% where rates exceeded those in the placebo group include:

- Gastrointestinal disorders - abdominal pain, dyspepsia, gastritis, vomiting
- Infections and infestations - rhinitis, sinusitis, urinary tract infection
- Musculoskeletal and connective tissue disorders - muscle spasms
- Nervous system disorders - tremor
- Psychiatric disorders - anxiety, depression

The safety profile of rolflumilast reported during Trial 9 was consistent with the key pivotal studies.

6.2 Postmarketing Experience

The following adverse reactions have been identified from spontaneous reports of DALIRESP received worldwide and have not been listed elsewhere. These adverse reactions have been chosen for inclusion due to a combination of seriousness, frequency of reporting or potential causal connection to DALIRESP. Because these adverse reactions were reported voluntarily from a population of uncertain size, it is not possible to estimate their frequency or establish a causal relationship to DALIRESP exposure.

- Hypersensitivity reactions (including angioedema, urticaria, and rash).
- Gastrointestinal disorders - abdominal pain, dyspepsia, gastritis, vomiting
- Infections and infestations - rhinitis, sinusitis, urinary tract infection
- Musculoskeletal and connective tissue disorders - muscle spasms
- Nervous system disorders - tremor
- Psychiatric disorders - anxiety, depression

7 DRUG INTERACTIONS

A major step in rolflumilast metabolism is the N-oxidation of rolflumilast to rolflumilast N-oxide by CYP3A4 and CYP1A2 [see Clinical Pharmacology (12.3)].

7.1 Drugs that Induce Cytochrome P450 (CYP) Enzymes

Strong cytochrome P450 enzyme inducers decrease systemic exposure to rolflumilast and may reduce the therapeutic effectiveness of DALIRESP. Therefore the use of strong cytochrome P450 inducers (e.g., rifampicin, phenobarbital, carbamazepine, and phenytoin) with DALIRESP is not recommended [see Warnings and Precautions (5.4) and Clinical Pharmacology (12.3)].

7.2 Drugs that Inhibit Cytochrome P450 (CYP) Enzymes

The co-administration of DALIRESP® (500 mcg) with CYP3A4 inhibitors or dual inhibitors that inhibit both CYP3A4 and CYP1A2 simultaneously (e.g., erythromycin, ketoconazole, fluvoxamine, enoxacin, cimetidine) may increase rolflumilast systemic exposure and may result in increased adverse reactions. The risk of such concurrent use should be weighed carefully against benefit [see Clinical Pharmacology (12.3)].

7.3 Oral Contraceptives Containing Gestodene and Ethinyl Estradiol

The co-administration of DALIRESP® (500 mcg) with oral contraceptives containing gestodene and ethinyl estradiol may increase rolflumilast systemic exposure and may result in increased side effects. The risk of such concurrent use should be weighed carefully against benefit [see Clinical Pharmacology (12.3)].

8 USE IN SPECIFIC POPULATIONS

8.1 Pregnancy

Risk Summary

There are no randomized clinical studies of DALIRESP® in pregnant women. In animal reproductive toxicity studies, DALIRESP® administered to pregnant rats and rabbits during the period of organogenesis produced no fetal structural abnormalities. The highest DALIRESP® dose in these studies was approximately 30 and 26 times, respectively, the maximum recommended human dose (MRHD). DALIRESP® induced post-implantation loss in rats at doses greater than or equal to approximately 10 times the MRHD, DALIRESP® induced stillbirth and decreased pup viability in mice at doses corresponding to approximately 16 and 49 times, respectively, the MRHD. DALIRESP® has been shown to adversely affect postnatal development when dams were treated with the drug during pregnancy and lactation periods in mice at doses corresponding to 49 times the MRHD (see Data).

The background risk of major birth defects and miscarriage for the indicated population is unknown. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2 to 4% and 15 to 20%, respectively.

Clinical Considerations

Labor and delivery

DALIRESP® should not be used during labor and delivery. There are no human studies that have investigated effects of DALIRESP® on preterm labor or labor at term; however, animal studies showed that DALIRESP® disrupted the labor and delivery process in mice.

Data

Animal data

In an embryo-fetal development study, pregnant rats were dosed orally during the period of organogenesis with up to 1.8 mg/kg/day DALIRESP® (approximately 30 times the MRHD on an AUC basis). No evidence of structural abnormalities or effects on survival rates were observed. DALIRESP® did not affect embryo-fetal development at approximately 3 times the MRHD (on a mg/m² basis at a maternal oral dose of 0.2 mg/kg/day).

In a fertility and embryo-fetal development study, male rats were dosed orally with up to 1.8 mg/kg/day DALIRESP® for 10 weeks and females for two weeks prior to pairing and throughout the organogenesis period. DALIRESP® induced pre- and post-implantation loss at doses equal or approximately 10 times the MRHD (on a mg/m² basis at maternal oral doses greater than or equal to 0.6 mg/kg/day). DALIRESP® did not cause fetal structural abnormalities at exposures up to approximately 29 times the MRHD (on an AUC basis at maternal oral doses up to 1.8 mg/kg/day).

In an embryo-fetal development study in rabbits, pregnant doses were dosed orally with 0.8 mg/kg/day DALIRESP® during the period of organogenesis. DALIRESP® did not cause fetal structural abnormalities at exposures approximately 26 times the MRHD (on a mg/m² basis at maternal oral doses of 0.8 mg/kg/day).

In pre- and post-natal developmental studies in mice, dams were dosed orally up to 12 mg/kg/day DALIRESP® during the period of organogenesis and lactation. DALIRESP® induced stillbirth and decreased pup viability at doses corresponding to approximately 16 and 49 times, respectively, the MRHD (on a mg/m² basis at maternal oral doses of 2 mg/kg/day or 6 mg/kg/day, respectively). DALIRESP® induced delivery retardation in pregnant mice at doses greater or equal to approximately 16 times the MRHD (on a mg/m² basis at maternal oral doses of 2 mg/kg/day).

DALIRESP® induced pup rearing frequencies at approximately 49 times the MRHD (on a mg/m² basis at a maternal oral dose of 0.8 mg/kg/day) during pregnancy and lactation.
also decreased survival and forelimb grip reflex and delayed pinna detachment in mouse pups at approximately 97 times the MRHD (on a mg/m² basis at a maternal dose of 12 mg/kg/day).

8.2 Lactation

Risk Summary

There is no information regarding the presence of DALIRESP in human milk, the effects on the breastfed infant, or the effects on milk production. Roflumilast and/or its metabolites are excreted into the milk of lactating rats. Excretion of roflumilast and/or its metabolites into human milk is probable. DALIRESP should not be used by women who are nursing.

Data

Animal data

Roflumilast and/or its metabolite concentrations measured 8 hours after an oral dose of 1 mg/kg given to lactating rats were 0.32 and 0.02 mcg/ml in the milk and pup liver, respectively.

8.4 Pediatric Use

COPD does not normally occur in children. The safety and effectiveness of DALIRESP in pediatric patients have not been established.

8.5 Geriatric Use

Of the 4438 COPD subjects exposed to DALIRESP for up to 12 months in 8 controlled clinical trials, 2022 were >65 years of age and 471 were >75 years of age. No overall differences in safety or effectiveness were observed between these subjects and younger subjects and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out. Based on available data for roflumilast, no adjustment of dosage in geriatric patients is warranted (see Clinical Pharmacology (12.3)).

8.6 Hepatic Impairment

Roflumilast 250 mcg once daily for 14 days was studied in subjects with mild-to-moderate hepatic impairment classified as Child-Pugh A and B (8 subjects in each group). The AUCs of roflumilast and roflumilast N-oxide were increased by 51% and 24%, respectively, in Child-Pugh A subjects and by 92% and 41%, respectively, in Child-Pugh B subjects, as compared to age-, weight-, and gender-matched healthy subjects. The Cmax of roflumilast and roflumilast N-oxide were increased by 3% and 26%, respectively in Child-Pugh A subjects and by 26% and 40%, respectively in Child-Pugh B subjects, as compared to healthy subjects. DALIRESP 500 mcg has not been studied in hepatically impaired patients. Clinicians should consider the risk-benefit of administering DALIRESP to patients who have mild liver impairment (Child-Pugh A). DALIRESP is not recommended for use in patients with moderate or severe liver impairment (Child-Pugh B or C) (see Contraindications (4) and Clinical Pharmacology (12.3)).

8.7 Renal Impairment

In twelve subjects with severe renal impairment administered a single dose of 500 mcg roflumilast, the AUCs of roflumilast and roflumilast N-oxide were decreased by 21% and 7%, respectively and Cmax were reduced by 15% and 12%, respectively. No dosage adjustment is necessary for patients with renal impairment (see Clinical Pharmacology (12.3)).

10 OVERDOSAGE

10.1 Human Experience

No case of overdose has been reported in clinical studies with DALIRESP. During the Phase I studies of DALIRESP, the following symptoms were observed at an increased rate after a single oral dose of 2500 mcg and a single dose of 5000 mcg: headache, gastrointestinal disorders, dizziness, palpitations, lightheadedness, clamminess, and arterial hypotension.

10.2 Management of Overdose

In case of overdose, patients should seek immediate medical help. Appropriate supportive medical care should be provided. Since roflumilast is highly protein bound, hemodialysis is not likely to be an efficient method of drug removal. It is not known whether roflumilast is dialyzable by peritoneal dialysis.

11 DESCRIPTION

The active ingredient in DALIRESP tablets is roflumilast. Roflumilast and its active metabolite (roflumilast N-oxide) are selective phosphodiesterase 4 (PDE4) inhibitors. The chemical name of roflumilast is N-(3,5-dichloropyridin-4-yl)-3-cyclopropylmethoxy-4-difluoromethoxy-benzamide. Its empirical formula is C20H15Cl2F2N2O. The molecular weight is 403.22. The chemical structure is:

\[ \text{F} \quad \text{O} \quad \text{N} \quad \text{Cl} \quad \text{N} \quad \text{C} |
\[ \text{O} \quad \text{C} \quad \text{F} \quad \text{N} \quad \text{O} \]

The drug substance is a white to off-white non-hygroscopic powder with a melting point of 160°C. It is practically insoluble in water and hexane, sparingly soluble in ethanol, and freely soluble in acetic acid.

DALIRESP is supplied as white to off-white, round tablets, embossed with “D” on one side and “250” or “500” on the other side. Each tablet contains 250 mcg or 500 mcg of roflumilast. Each tablet of DALIRESP for oral administration contains the following inactive ingredients: lactose monohydrate, corn starch, povidone, and magnesium stearate.

DALIRESP® (roflumilast) tablets
Cmax(90%CI) AUC(90%CI) Cmax(90%CI) Recommendation AUC(90%CI)
oral dose of 500 mcg DALIRESP resulted in 23% and 99% increase in Cmax and AUC respectively.

Ketoconazole: In an open-label crossover study in 16 healthy volunteers, the coadministration of a dual CYP3A4/1A2 inhibitor ketoconazole (400 mg twice daily for 7 days) with a single oral dose of 500 mcg DALIRESP resulted in an increased Cmax and AUC of roflumilast by 20% and 56%, respectively. Roflumilast N-oxide Cmax was decreased by 14% while roflumilast N-oxide AUC was increased by 23%.

Cimetidine: In an open-label crossover study in 20 healthy adult volunteers, coadministration of a single oral dose of 500 mcg DALIRESP with repeated doses of a fixed combination oral contraceptive containing 0.075 mg gestodene and 0.03 mg ethinyl estradiol to steady state caused a 38% increase and 12% decrease in Cmax of roflumilast and roflumilast N-oxide, respectively.

Roflumilast and roflumilast N-oxide AUCs were increased by 51% and 14%, respectively. Inducers of CYP enzymes: Rifampicin: In an open-label, three-period, fixed-sequence study in 15 healthy volunteers, coadministration of the strong CYP3A4 inducer rifampicin (600 mg once daily for 11 days) with a single oral dose of 500 mcg DALIRESP resulted in reduction of roflumilast Cmax and AUC by 68% and 79%, respectively, and an increase of roflumilast-N-oxide Cmax by 30% and reduced roflumilast N-oxide AUC by 56%.

### 13 NONCLINICAL TOXICOLOGY

#### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

Long-term studies were conducted in hamsters and mice with roflumilast to evaluate its possible carcinogenic potential. In 2-year oral gavage carcinogenicity studies, roflumilast treatment resulted in dose-related, statistically significant increases in the incidence of undifferentiated carcinomas of nasal epithelium in hamsters at ≤8 mg/kg/day (approximately 11 times the MRHD based on summed AUCs of roflumilast and its metabolites). The tumorigenicity of roflumilast was found to be attributable to a reactive metabolite of 4-amino-3,5-dichloro-pyridine N-oxide (ADCP N-oxide). No evidence of tumorigenicity was observed in mice at roflumilast oral doses up to 12 and 18 mg/kg/day in females and males, respectively (approximately 10 and 15 times the MRHD, respectively, based on summed AUCs of roflumilast and its metabolites).

Roflumilast tested positive in an in vivo mouse micronucleus test, but negative in the following carcinogenesis Ames test for bacterial gene mutation, in vitro chromosome aberration assay in human lymphocytes, in vitro HPRT test with V79 cells, an in vitro micronuclear test with V79 cells, DNA adduct formation assay in rat nasal mucosa, liver and testes, and in vivo mouse bone marrow chromosome aberration assay. Roflumilast N-oxide was negative in the Ames test and in vitro micronuclear test with V79 cells.

In a human spermatogenesis study, roflumilast 500 mcg had no effects on semen parameters or reproductive hormones during the 3-month treatment period and the following 3-month off-treatment period. In a fertility study, roflumilast decreased fertility rates in male rats at 1.8 mg/kg/day (approximately 29 times the MRHD on a mg/m² basis). The male rats also showed increases in the incidence of tabular atrophy, degeneration in the testis and spermiogenic granuloma in the epididymides. No effect on rat fertility rate or male reproductive organ morphology was observed at 0.9 mg/kg/day (approximately 6 times the MRHD on a mg/m² basis).

In a female fertility study, no effect on fertility was observed up to the highest roflumilast dose of 1.5 mg/kg/day in rats (approximately 24 times the MRHD on a mg/m² basis).

### 14 CLINICAL STUDIES

#### 14.1 Chronic Obstructive Pulmonary Disease (COPD)

The efficacy and safety of DALIRESP (roflumilast) in COPD was evaluated in 8 randomized, double-blind, controlled, parallel-group clinical trials in 9394 adult patients (4425 receiving DALIRESP 500 mcg) 40 years of age and older with COPD. Of the 8 trials, two were placebo-controlled dose selection trials (Trials 1 and 2) of 6 months’ duration that evaluated the efficacy of DALIRESP 250 mcg and 500 mcg once daily, four were placebo-controlled 1-year trials (Trials 3, 4, 5, and 6) primarily designed to evaluate the efficacy of DALIRESP on COPD exacerbations, and two were 6-month efficacy trials (Trials 7 and 8) which assessed the efficacy of DALIRESP as add-on therapy to a long-acting beta agonist or a long-acting anti-muscarinic. The 8 trials enrolled patients with reversible obstructive lung disease (FEV1 ≥70% predicted <80% predicted, and forced expiratory volume in one second (FEV1) <70% predicted) in whom disease was moderate to severe COPD (FEV1 <60% predicted, FEV1/FVC <0.70, ≥10% improvement in FEV1 in response to 4 puffs of albuterol/salbutamol) but the severity of airflow obstruction at baseline was different among the trials. Patients enrolled in the dose selection trials had the full range of COPD severity (FEV1, 30-80% predicted); median age of 63 years, 73% male, and 99% Caucasian. Patients enrolled in the four exacerbation trials had severe COPD (FEV1, ≤50% predicted); median age of 64 years, 74% male, and 90% Caucasian. Patients enrolled in the two 6-month COPD maintenance trials had moderate to severe COPD (FEV1, 40-70% predicted); median age of 65 years, 68% male, and 97% Caucasian. COPD exacerbations and lung function (FEV1) were co-primary efficacy outcome measures in the four 1-year trials. In the two 6-month supportive efficacy trials, lung function (FEV1) alone was the primary efficacy outcome measure.

The two 6-month dose-selection efficacy trials (Trials 1 and 2) explored doses of 250 mcg and 500 mcg once daily in a total of 1929 patients (751 and 724 on DALIRESP 250 and 500 mcg, respectively). The selection of the 500 mcg dose was primarily based on nominal improvements in lung function (FEV1) over the 250 mcg dose. The once-daily dosing regimen was primarily based on the determination of a plasma half-life of 17 hours for roflumilast and 30 hours for its active metabolite roflumilast N-oxide [see Clinical Pharmacology (12.3)].
An additional placebo-controlled 1-year trial (Trial 9) evaluated the effect of DALIRESP 500 mcg on COPD exacerbations when added to a fixed-dose combination (FDC) product containing an inhaled corticosteroid and long-acting beta agonist (ICS/LABA). Screening, patients were required to have two or more exacerbations in the previous year. This trial randomized a total of 2354 patients (1178 randomized to DALIRESP, 1176 to placebo). Approximately 60% of the patients enrolled had severe COPD (post-bronchodilator FEV1 ≤ 50% of predicted) inclusive of those with chronic bronchitis and/or emphysema who had a history of smoking of at least 10 pack years. Inhaled corticosteroids were allowed as concomitant medications and used in 61% of both DALIRESP and placebo-treated patients and short-acting beta agonists were allowed as rescue therapy. The use of long-acting beta agonists, long-acting anti-muscarinics, and theophylline were prohibited. The rate of moderate or severe COPD exacerbations was a co-primary endpoint in both trials. There was not a symptomatic definition of exacerbation in these 2 trials. Exacerbations were defined in terms of severity requiring treatment with a moderate exacerbation defined as treatment with systemic glucocorticosteroids in Trial 3 or systemic glucocorticosteroids and/or antibiotics in Trial 4 and a severe exacerbation defined as requiring hospitalizations and/or leading to death in Trial 3 or requiring hospitalization in Trial 4. The trials randomized 1176 patients (567 on DALIRESP) in Trial 3 and 1514 patients (760 on DALIRESP) in Trial 4. Both trials failed to demonstrate a significant reduction in the rate of COPD exacerbations. Exploratory analyses of the results of Trials 3 and 4 identified a subpopulation of patients with severe COPD associated with chronic bronchitis and COPD exacerbations within the previous year that appeared to demonstrate a better response in the reduction of the rate of COPD exacerbations compared to the overall population. As a result, two subsequent trials (Trial 5 and Trial 6) were conducted that enrolled patients with severe COPD but associated with chronic bronchitis, at least one COPD exacerbation in the previous year, and at least 20 pack-year smoking history. In these trials, long-acting beta agonists and short-acting anti-muscarinics were allowed and were used by 44% and 35% of patients treated with DALIRESP and 45% and 37% of patients treated with placebo, respectively. The use of inhaled corticosteroids was prohibited. As in trials 3 and 4, the rate of moderate exacerbations (defined as requiring intervention with systemic glucocorticosteroids) or severe exacerbations (defined as leading to hospitalization and/or death) was a co-primary endpoint. Trial 5 randomized a total of 1525 patients (765 on DALIRESP) and Trial 6 randomized a total of 1571 patients (772 on DALIRESP). In both trials, DALIRESP 500 mcg once daily demonstrated a significant reduction in the rate of moderate or severe exacerbations compared to placebo (Table 2). These two trials provide the evidence to support the use of DALIRESP for the reduction of COPD exacerbations.

**Table 2: Effect of DALIRESP on Rate of Moderate or Severe Exacerbations**

<table>
<thead>
<tr>
<th>Study</th>
<th>Exacerbations Per Patient-Year</th>
<th>DALIRESP</th>
<th>Placebo</th>
<th>Absolute Reduction1</th>
<th>RR2</th>
<th>95% CI</th>
<th>Percent Reduction1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trial 5</td>
<td>1.1</td>
<td>1.3</td>
<td>0.2</td>
<td>0.85</td>
<td>0.74, 0.98</td>
<td>15</td>
<td></td>
</tr>
<tr>
<td>Trial 6</td>
<td>1.2</td>
<td>1.5</td>
<td>0.3</td>
<td>0.82</td>
<td>0.71, 0.94</td>
<td>18</td>
<td></td>
</tr>
</tbody>
</table>

1. Absolute reduction measured as difference between placebo and roflumilast-treated patients.
2. RR is Rate Ratio.
3. Percent reduction is defined as 100 (1-RR).

For patients in Trials 5 and 6 who received concomitant long-acting beta agonists or short-acting anti-muscarinics, reduction of moderate or severe exacerbations with DALIRESP was similar to that observed for the overall populations of the two trials. In Trial 9, when added to background therapy of FDC ICS/LABA, the rate for COPD exacerbations among patients administered DALIRESP vs. placebo was 0.92 (95% CI 0.81, 1.04).

**Effect on Lung Function**

While DALIRESP is not a bronchodilator, all 1-year trials (Trials 3, 4, 5, and 6) evaluated the effect of DALIRESP on lung function as determined by the difference in FEV1, between DALIRESP and placebo-treated patients (pre-bronchodilator FEV1, measured prior to study drug administration in three of the trials and post-bronchodilator FEV1, measured 30 minutes after administration of 4 puffs of albuterol/salbutamol in one trial) as a co-primary endpoint. In each of these trials DALIRESP 500 mcg once daily demonstrated a statistically significant improvement in FEV1, which averaged approximately 50 mL across the four trials. Table 3 shows FEV1 results from Trials 5 and 6 which had demonstrated a significant reduction in COPD exacerbations. Lung function was also evaluated in two 6-month trials (Trials 7 and 8) to assess the effect of DALIRESP when administered as add-on therapy to treatment with a long-acting beta agonist or a long-acting anti-muscarinic. These trials were conducted in a different population of COPD patients [moderate to severe COPD (FEV1, 40 to 70% of predicted) without a requirement for chronic bronchitis or frequent history of exacerbations] from that for which efficacy in reduction of exacerbations has been demonstrated and provide safety support to the DALIRESP COPD program.

**Starting dose titration trial**

The tolerability of DALIRESP was evaluated in a 12-week randomized, double-blind, parallel group trial in patients with severe COPD associated with chronic bronchitis (Trial 10). At screening, patients were required to have had at least one exacerbation in the previous year. A total of 1323 patients were randomized to receive DALIRESP 500 mcg once a day for 12 weeks (n=442), DALIRESP 500 mcg every other day for 4 weeks followed by DALIRESP 250 mcg once a day for 8 weeks (n=438), or DALIRESP 250 mcg once a day for 4 weeks followed by DALIRESP 500 mcg once a day for 8 weeks (n=441). Over the 12 week study period, the percentage of patients discontinuing treatment was 6.2% lower in patients initially receiving DALIRESP 250 mcg daily for 4 weeks followed by DALIRESP 500 mcg daily for 8 weeks (18.4%) compared to those receiving DALIRESP 500 mcg daily for 12 weeks (24.6%) ( Odds Ratio = 0.86, 95% CI 0.47 to 0.83, p=0.017). Because this trial was limited to 12 weeks in duration, whether initiation of dosing with DALIRESP 250 mcg improves the long term tolerability of DALIRESP 500 mcg has not been determined.

**16 HOW SUPPLIED/ STORAGE AND HANDLING**

1. How Supplied

DALIRESP 250 mcg is supplied as white to off-white, round tablets, embossed with “D” on one side and “250” on the other side.

DALIRESP 250 mcg tablets are available:

- Blister pack 28:
  - NDC 0310-0088-28
  - 2X10 Unit Dose:
    - NDC 0310-0088-9

DALIRESP 500 mcg is supplied as white to off-white, round tablets, embossed with “D” on one side and “500” on the other side.

DALIRESP 500 mcg tablets are available:

- Bottles of 30:
  - NDC 0310-0095-30
- Bottles of 90:
  - NDC 0310-0088-9
  - 2X10 Unit Dose:
    - NDC 0310-0088-9

2. Storage and Handling

Store DALIRESP tablets at 20° - 25°C (68° - 77°F); excursions permitted to 15° - 30°C (59° - 86°F). [See USP Controlled Room Temperature].

17 PATIENT COUNSELING INFORMATION

Advise the patient to read the FDA-approved patient labeling (Medication Guide).

- Bronchospasm
  - DALIRESP is not a bronchodilator and should not be used for immediate relief of breathing problems (i.e., as a rescue medication).
- Psychiatric Events including Suicidality
  - Treatment with DALIRESP is associated with an increase in psychiatric adverse reactions. Cases of suicidal ideation and behavior, including completed suicide, have been observed in the post-marketing setting in patients with or without a history of depression. The risks and benefits of treatment with DALIRESP in patients with a history of depression and/or suicidal thoughts or behavior should be carefully considered. Advise patients, caregivers, and families to be alert for the emergence or worsening of insomnia, anxiety, depression, suicidal thoughts or other mood changes, and if such changes occur to contact their healthcare provider so that the risks and benefits of continuing treatment with DALIRESP may be considered [see Warnings and Precautions (5.2)].
- Weight Decrease
  - Weight loss was a common adverse reaction in DALIRESP clinical trials. During follow-up after treatment discontinuation, the majority of patients with weight loss regained some of the weight they had lost while receiving DALIRESP. Advise patients treated with DALIRESP to have their weight monitored regularly. If unexplained weight loss occurs, patients should inform their healthcare provider so that the weight loss can be evaluated, as discontinuation of DALIRESP may need to be considered [see Warnings and Precautions (5.3)].
- Drug Interactions
  - The use of cytochrome P450 enzyme inducers resulted in a reduction in exposure which may result in decreased therapeutic effectiveness of DALIRESP. The use of strong cytochrome P450 enzyme inducers (e.g., rifampin, phenobarbital, carbamazepine, phenytoin) with DALIRESP is not recommended [see Drugs that Induce Cytochrome P450 (CYP) Enzymes (7.1) and Clinical Pharmacology (12.3)].
MEDICATION GUIDE
DALIRESP® (da’-li-resp)
(roflumilast)
Tablets

Read this Medication Guide before you start taking DALIRESP® and each time you get a refill. There may be new information. This information does not take the place of talking with your healthcare provider about your medical condition or treatment.

What is the most important information I should know about DALIRESP?
DALIRESP can cause serious side effects. Tell your healthcare provider right away if you have any of the symptoms listed below while taking DALIRESP.

1. DALIRESP may cause mental health problems including suicidal thoughts and behavior. Some people taking DALIRESP may develop mood or behavior problems including:
   • thoughts of suicide or dying
   • attempt to commit suicide
   • trouble sleeping (insomnia)
   • new or worse anxiety
   • new or worse depression
   • acting on dangerous impulses
   • other unusual changes in your behavior or mood

2. Weight loss. DALIRESP can cause weight loss. You should check your weight on a regular basis. You will also need to see your healthcare provider regularly to have your weight checked. If you notice that you are losing weight, call your healthcare provider. Your healthcare provider may ask you to stop taking DALIRESP if you lose too much weight.

DALIRESP may affect the way other medicines work, and other medicines may affect how DALIRESP works. Tell your healthcare provider about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements.

What is DALIRESP?
DALIRESP is a prescription medicine used in adults with severe Chronic Obstructive Pulmonary Disease (COPD) to decrease the number of flare-ups or the worsening of COPD symptoms (exacerbations).
DALIRESP is not a bronchodilator and should not be used for treating sudden breathing problems. Your healthcare provider may give you other medicine to use for sudden breathing problems.

It is not known if DALIRESP is safe and effective in children.

Who should not take DALIRESP?
Do not take DALIRESP if you:
• have certain liver problems. Talk with your healthcare provider before you take DALIRESP if you have liver problems.

What should I tell my healthcare provider before taking DALIRESP?
Before you take DALIRESP, tell your healthcare provider if you:
• have or have had a history of mental health problems including depression and suicidal behavior.
• have liver problems
• have any other medical conditions
• are pregnant or plan to become pregnant. It is not known if DALIRESP will harm your unborn baby. Talk to your healthcare provider if you are pregnant or plan to become pregnant.
• are breastfeeding or plan to breastfeed. It is not known if DALIRESP passes into your breast milk. You and your healthcare provider should decide if you will take DALIRESP or breastfeed. You should not do both.

How should I take DALIRESP?
• Take DALIRESP exactly as your healthcare provider tells you to take it.
• DALIRESP can be taken with or without food.
• If you take more than your prescribed dose of DALIRESP, call your healthcare provider or go to the nearest hospital emergency room right away.

What are the possible side effects of DALIRESP?
DALIRESP can cause serious side effects, including:
See “What is the most important information I should know about DALIRESP?”
The most common side effects of DALIRESP include:
• diarrhea
• weight loss
• nausea
• headache
• back pain
• flu like symptoms
• problems sleeping (insomnia)
• dizziness
• decreased appetite

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.
These are not all the possible side effects of DALIRESP.
Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How do I store DALIRESP Tablets?
• Store DALIRESP at 68°F to 77°F (20°C to 25°C); excursions permitted to 15° - 30°C (59° - 86°F). [See USP Controlled Room Temperature].

Keep DALIRESP Tablets and all medicines out of the reach of children.

General information about DALIRESP
Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use DALIRESP for a condition for which it was not prescribed. Do not give DALIRESP to other people, even if they have the same symptoms that you have. It may harm them.
This Medication Guide summarizes the most important information about DALIRESP. For more information about DALIRESP, talk with your healthcare provider. You can ask your healthcare provider or pharmacist for information about DALIRESP that is written for health professionals.

For more information about DALIRESP call 1-800-236-9933.

What are the ingredients in DALIRESP?
Active ingredient: roflumilast
Inactive ingredients: lactose monohydrate, corn starch, povidone and magnesium stearate.

This Medication Guide has been approved by the U.S. Food and Drug Administration.
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